BONUS GRAB IT AND GO NATURE CARD SET 1 CARD

Handy Knot Tying for Kids

Thank you for downloading your Bonus Grab it and GO Nature Card.

Grab it (this card!) and take it with you as you GO (Get Outside).
It'll come in handy if you need to tie some knots on your nature adventures!
This Bonus Card is designed for you to print onto A4 paper and then fold to create either an A5 OR A6 card.
Follow these instructions to print and fold to the size you prefer.

PRINTING AND FOLDING INTO AN A5 CARD

Print: Print page 2 and 3 of this printable PDF onto ONE A4 page (front and back).
Printer settings: Choose Double Sided option; Flip on Short Edge.
Fold: Fold your A4 sheet in half.

FRONT/BACK

INSIDE/PAGES 1 & 2

PRINTING AND FOLDING INTO AN A6 CARD

Print: Print page 4 of this printable PDF onto ONE A4 page (one side only).
Printer settings: Choose Single Sided option.
Fold: Fold your A4 sheet in half horizontally and then in half again so the closed folded edge is on the bottom of your folded card.

This card is part of the **Grab it and GO Nature Card Set 1.**
If you already have the set, thank you for purchasing it. We can't wait to hear how you **GO** with the fabulous nature inspired activities and adventures it contains! If you don't have the set, you can check out the fun here…

www.nurtureinnature.com.au/nature-cards

You'll find our other outdoor play and nature inspired learning ideas and resources there too.
We'd love to see how you've used these Handy Knots in your nature adventures.

@NurtureInNatureAustralia
@NurtureInNature
#grabitandGOcards #NurtureInNature

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Clove Hitch Knot (Open-end Anchor)

The Clove Hitch Knot comes in handy for attaching a rope to a pole, tying up a bundle of sticks or as the starting knot for lashing crossed sticks together.

Grab it:

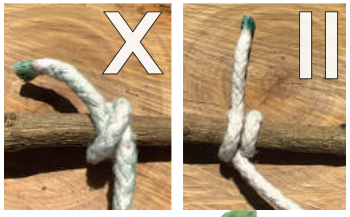
• 1 x 30cm length of rope/string. • A stick (your 'anchor').

GO:

*Make 2 loops in your piece of rope (like the letters '**q**' and '**p**').*

*Move the '**p**' loop in front of the '**q**' loop.*

Slide the loops together over the open end of your anchor.



Pull each end to make it tight.
With the finished knot you'll notice:
*'**X**' a cross on one side and*
*'**II**' two parallel string pieces on the other.*

FOLD

Handy Knot Tying for Kids

©Nurture in Nature Australia

Knot tying is a very useful life skill. Learning these 3 handy knots will help you develop your fine motor skills and show you how to tie shoelaces that don't come undone! They'll also come in handy for some of the activities in the Grab it and GO Nature Cards!

SAFETY NOTES:

Do NOT use these knots to tie or bind large or heavy loads or for any sort of life-saving event. Keep ropes 30cm (or less) for safety, particularly with young children.

Overhand Knot

The Overhand Knot is the simplest type of knot and is used to make a knob in a rope. It's often called a 'Stopper Knot'. It's useful to prevent the end of a knot from fraying. It also forms the basis of many other knots.

Grab it:

- 1 x 30cm length of rope/string.

GO:

Form a loop in your rope.

Thread the working end (coloured tip) through the loop.

Pull each end to tighten it.

FOLD

Reef Knot

The Reef Knot (also known as the Square Knot) is used to join two ropes together. It's also good for tying bandages, the ribbon on a gift or for shoelaces that don't come undone!

Grab it:

- 2 x 30cm lengths of rope/string of equal thickness.

GO:

Lay your two ropes parallel to each other (it can be useful to use 2 different coloured ropes to help you learn this knot).

Take the working end (coloured tip) of the bottom rope and cross it over and then under the line of the 2nd rope.

Grab the ends of both ropes and going back in the opposite direction, cross the working end back over the second rope and thread through the loop.

Pull the ends tight

A handy way to remember this knot is "Right over left; left over right; makes a knot both tidy and tight".

Clove Hitch Knot (Open-end Anchor)

The Clove Hitch Knot comes in handy for attaching a rope to a pole, tying up a bundle of sticks or as the starting knot for lashing crossed sticks together.

Grab it:

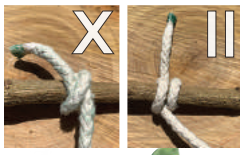
• 1 x 30cm length of rope/string. • A stick (your 'anchor').

GO:

*Make 2 loops in your piece of rope (like the letters '**q**' and '**p**').*

*Move the '**p**' loop in front of the '**q**' loop.*

Slide the loops together over the open end of your anchor.



Pull each end to make it tight.
With the finished knot you'll notice:
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SECOND FOLD

Handy Knot Tying for Kids

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FIRST FOLD

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