



# How "NATURE DEFICIT DISORDER" is affecting your family... and what to do about it!

**Tania Moloney** aka "**Mother Nurture**" is a Mum of five really great nature-loving kids and a passionate advocate for connecting children and families with and in nature. She's also the Founder of Nurture in Nature Australia, helping parents across the world to connect with their kids... offline!



Packed with lots of practical advice, simple strategies and "**How To's**" for what is one of the most important "**Should Do's**" for our children, for us and for our world, Tania will show your audience how nature can be one of a busy, time-poor, overscheduled parent's greatest allies. They will learn how nature can powerfully help them to help their children to grow and thrive, nurture strong and meaningful family bonds and create cherished childhood memories.

## STORY IDEAS:

- ADD, OCD ... Now there's NDD, and it's making your kids overweight, stressed, depressed and short-sighted.
- Screen time vs Green Time. How to make nature a priority for today's tech obsessed kids.
- The dirt on dirt: why good clean (dirty) fun is good for your family.
- Life lessons from my nature-loving, tech-obsessed four year old.
- Friending "Mother Nature". The unlikely alliance of technology and nature.
- Free Range Chickens and Cooped Up Kids. Have we got it all wrong?



*Book Tania today and you'll discover that when it comes to raising kids*

## The grass IS greener... OUTSIDE!

### Contact:

Email: [tania@nurtureinnature.com.au](mailto:tania@nurtureinnature.com.au)  
Tel: 0409 843 965

### Availability:

Nationwide by arrangement  
Based in Victoria, Australia



[www.nurtureinnature.com.au](http://www.nurtureinnature.com.au)



@naturechildhood



Nurture in Nature Australia